

Elmwood Junior School PE and Sports Premium 2023-2024

Elmwood Junior School recognises and values the importance of Physical Education and sports. PE at Elmwood aims to deliver fun and engaging lessons that will inspire children to lead physically active lives and develop fundamental skills to become physically confident. Our vision is to inspire all pupils to succeed and excel in competitive sport and pursue their ambitions, whilst promoting resilience, teamwork and communication skills, alongside the rest of our learner values. We aim to develop a love for physical activity that will lead to life-long participation in sports.

This year we have completely redesigned our Physical Education curriculum so that children are learning fundamental skills which they can apply to a different key sport each half term. Additionally our curriculum addresses the importance of healthy lifestyles and a balanced diet. The table below shows which key sports we focus on each half term within our PE curriculum.

	Yr 3	Yr 4	Yr 5	Yr 6
Aut 1	Tennis	Tennis	Tennis	Tennis
Aut 2	Netball	Netball	Netball	Netball
Spr 1	Hockey	Hockey	Hockey	Hockey
Spr 2	Basketball	Basketball	Basketball	Basketball
Sum 1	Athletics	Athletics	Athletics	Athletics
Sum 2	Cricket	Cricket	Cricket	Cricket

We do all of the above whilst adhering to the aims of the National Curriculum for Physical Education to ensure that all children:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy and active lives.

Further to our brand new curriculum, our enrichment activities, after school clubs and intra-school competitions raise the profile of PE and expose our children to sports they may not get many opportunities to engage with.



This document will detail:

- The amount of premium received
- A full breakdown of how it will be spent
- Our actions and their impacts.

Our PE and sports grant for 2023 - 2024 is £20,800

Use of funding	What this means for our pupils	Costings
Croydon Schools Sports Association (CSSP) Membership	<p>Through our membership with CSSP, children at Elmwood are given opportunities to compete with other Croydon Schools in a range of sports. They are also offered an insight into pathways to county and national level competitions.</p> <p>Children of all abilities are provided with opportunities to be involved in sports and gain experience in competitive sport settings, e.g. Aspire events. This increases sports participation on all levels and in turn, children's skills within particular key sports are refined.</p> <p>Children compete in inter-school competitions through Croydon Netball and Football leagues. This year we have introduced 'B' teams to our sports squads, as well as including boys into the Netball team, enabling participation levels to increase further. Our pupils participate in the Croydon Athletics Championships and Sportshall events also.</p>	£4969



REAL PE scheme	The structure of our Indoor PE lessons at Elmwood Juniors follows REAL PE. This provides teachers with a sequence of lessons which equip children with fundamental movement skills. The children then apply these skills to key sports in their outdoor PE lessons, taught by our PE teachers. This scheme allows us to see a clear progression of skills from Year 3 - 6 and supports teachers in their assessments during lessons.	
PE equipment to support our new curriculum	As part of our new PE curriculum, we have invested into new equipment to cater for the sports we are doing each half term. New equipment allows for improved and effective teaching of PE. Children's fundamental movement skills are also enhanced through being able to apply them to sports, using this equipment.	£6,500
Free extra curricular sports clubs	We provide children, particularly those who may not be exposed to sports outside of school, with free after school sports clubs. All children can access extra-curricular clubs.	£3,300
Gifted and talented programme	Children who are particularly skilled at a key sport are given the opportunity to refine their skills and apply them in higher level competitions through our gifted and talented programme, e.g. we participated in an upper school orienteering festival at Lloyd Park. Further to this, our PE lessons are differentiated to cater for gifted and talented pupils. Participation in Croydon School Athletics Championships for our gifted and talented children in the field of athletics.	
SEND	We provide opportunities for all children to access and engage in sporting events, e.g. SEND festivals (held by CSSP). PE lessons are differentiated so	



	that they are accessible for pupils with any level of SEND.	
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Sports kit and team uniform	As a school we provide PE kit free of charge to families who are in need of financial support, ensuring full inclusion of all pupils in PE lessons.	£50
Year 6 residential	Year 6 children are given the opportunity to take part in activities organised by specialists at an outdoor activity centre. As well as this being a chance for the children to build resilience and independence, their confidence in challenging sports increases.	
Swimming lessons	Each year group (Year 3-6) receives a block sequence of swimming lessons to help them achieve the National Curriculum's expectations of swimming by the time they leave Year 6. Alongside this, Children develop life saving skills. These lessons are taught by professional swimming instructors at external facilities.	£25,000
Bikeability and installation of a new bicycle storage area.	<p>Year 6 children are taught road safety and how to ride a bike by a professional through the bikeability scheme. This has in turn increased the number of children cycling to school and their awareness of road safety.</p> <p>The installation of our new bicycle and scooter area has seen an increased uptake of children and families cycling/scooting or walking to school. This has had a positive impact on the culture we are continuing to build as a school around healthy lifestyles for children and their families.</p>	£2,900



<p>Transport to sporting events</p>	<p>As a school we travel using public transport, coaches and through utilising staff members to drive groups of children to sporting events. As a result, we do not need to rely on parents, therefore many more children can attend events and participation levels have increased.</p>	<p>£500</p>
<p>PE teachers and CPD</p>	<p>Every child receives 2 hours of PE lessons every week, split into 2 lessons. One hour of which is taught by specialist PE teachers.</p> <p>PE teachers are well equipped to confidently deliver well structured and high quality PE lessons to children.</p> <p>A whole new curriculum has been designed by the PE teachers to ensure great quality lessons. PE teachers are given PPA time to plan high quality lessons.</p>	<p>£66,000</p>
<p>Daily Mile</p>	<p>This year we have had daily mile markings painted onto our playground. Children have access to this during their break and lunchtimes. Teachers also incorporate the daily mile into their class timetables and are encouraged to complete the daily mile with the children - this further develops a culture of healthy lifestyles across our school.</p> <p>Other playground markings have also been added to our playground this year, e.g. hopscotch, which encourage children to be active during their play times.</p>	<p>£3145</p>



<p>Olympics week and sports day</p>	<p>This year, we held a sports week in which we introduced and celebrated the Olympics as well as our achievements as a school surrounding sports. We had Professional athletes visit our school and carry out workshops during this time, with the intention of developing the children's understanding of health, fitness, diet and wellbeing.</p>	<p>£1000</p>
<p>Sports leaders</p>	<p>This year we have invested in our sports leaders. This runs through all year groups, with 8 sports leaders per year group. The team of children meet every half term to discuss their responsibilities and plan projects for the upcoming half term.</p> <p>All sports leaders have multiple roles within the school, for example, helping to clear the playgrounds of sports equipment at the end of every break/lunchtime, the running of sports day and sporting events held within school.</p> <p>Each sport leader has a responsibility to be a positive role model to other children, through demonstrating good sportsmanship. These children take great pride in their role and can be identified around school from their Sports leader badges on their uniform.</p>	<p>£250</p>

